

# Are you an older adult? Do you believe you are experiencing mistreatment?

Mistreatment may include, but is not limited to, each of the following:

- Not being allowed to talk to friends or family.
- Not feeling safe around someone in particular.
- Feeling hesitant or scared to talk freely.
- Credit card charges or loss of cash you cannot explain.

## There is help available:

Saskatoon Crisis Intervention Service  
Phone: 306-933-6200 Fax: 306-664-1974  
Email: [info@saskatooncrisis.ca](mailto:info@saskatooncrisis.ca)  
Hours of Operation: 24 hour service



\*Cristian Newman, Unsplash, 'Persons hands in shallow focus', retrieved March 19, 2021

Suspected abuse by a health care provider should be addressed through their professional association and/or employer

If you suspect criminal abuse or neglect call the Saskatoon City Police at 306.975.8300 or Victim Services at 306.975.8400

**In cases of emergency: CALL 911**

Funding: PrairieAction Foundation; Principal Investigator: Dr Kerstin Roger, Professor, Community Health Sciences, University of Manitoba, [Kerstin.Roger@umanitoba.ca](mailto:Kerstin.Roger@umanitoba.ca); Co-Investigators: Dr. Donna Goodridge (Sask), Dr. Christine A. Walsh (AB), Stacey Miller (A&O Support Services for Older Adults, Inc, Manitoba); Community Advisory Committee Representatives (SCOA, Kerby Centre, A&O Support Services Inc)



Support Services for Older Adults

PROVIDING INNOVATIVE PROGRAMS AND SERVICES TO OLDER ADULTS SINCE 1957.



# Are You Concerned About an Older Adult in Your Life?

Common signs of concern may include:

- Unable to have a meaningful conversation with older adult.
- The older adult seems to be emotionally upset or aggravated often when around someone specific.
- The older adult shows physical signs of mistreatment, such as broken glasses or bruises, or even loss of cash.
- The older adult appears to be dehydrated or malnourished.

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# How Can I as a Service Provider Support Older Adults Experiencing Abuse or Mistreatment?

Effective support services include:

- Provide adult with resources, not advice.
- Keep communications open to foster a safe environment for the older adult.
- Provide help for older adults when they request it.
- Encourage the older adult to stay active in the community by participating in activities such as volunteer work, and spend time with friends.
- Educating yourself on the services available to older people from attending health conferences and searching the internet.

(Adapted from *Neglect of Older Adults*)

## Resources to report abuse towards older adults:

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